

# FOOGI FUN & FITNESS

## SUMMER SERIES

Summer is almost here!

LET'S GET OUTSIDE!!



Join us at our local park for some outdoor fun and fitness!

When:	Mondays, Tuesdays & Fridays July 13 <sup>th</sup> – August 14 <sup>th</sup>
Time:	2:00pm- 5:00pm
Where	Patchell Park Take first right off of Glenrock Avenue (off of Washington street near old DPW) Malden, Ma 02148



HAVE FUN  
GET FIT!

Once again we will have structured games and free play time. Our goal is to promote fitness, healthy outdoor activities and to have FUN, FUN, FUN!! Join us for a game of kickball, whiffleball or jump rope. We will also incorporate some arts and crafts.

\*\*\* Free for the families of Malden. \*\*\*

Every child must be accompanied by an adult.

*It is FOOGI's mission to sponsor activities which focus on health, education and entertainment. For more information or to contact us, please visit our website [www.friendsofoakgrove.org](http://www.friendsofoakgrove.org) or call Karen at 781-397-0744. You can also join our Facebook Group: FOOGI*



MEET YOUR  
NEIGHBORS!



MAKE  
NEW  
FRIENDS